



Kimchi 352518: What to Expect

Kimchi is a graduate of the Behavior Modification Program and needs a special home. Kimchi is a sweet and sensitive boy who is ready to find his forever home. Kimchi may be a little timid at first, but once he feels safe and secure, his charming, playful personality shines through. He loves snuggling with his feline friends, enjoying tasty treats, zooming around the room, perching high on his cat tower, and playing with his favorite toys. While Kimchi may never be a social butterfly with everyone he meets, with patience and time to build trust, he'll form a deep bond with his special person and become a fun-loving, energetic companion.

Kimchi came to OHS from another shelter, and we do not have much history on him. When Kimchi arrived at OHS he displayed fearful, shy behaviors that presented as hiding, darting, and hissing when the staff attempted to engage with him. Due to the level of stress he was displaying and the impact it had on his ability to comfortably interact with staff, he was enrolled in our Behavior Modification Program. The environment in the BMOD program is better suited at helping cats feel comfortable in a shelter environment. With the larger kennel space, access to windows, increased enrichment, and dedicated one-on-one time with our team, we were able to help him decompress and learn more about his personality.

Kimchi was worried and overwhelmed during his first few days in BMOD. He spent most of his time perched on his cat tower, quietly observing us with wide, cautious eyes while vocalizing. If anyone approached too closely, he would hiss and dart away, telling us that he was frightened and needed space. We respected his boundaries, spoke to him softly, and offered treats to help him build positive associations with people.

It didn't take long for us to discover one of Kimchi's favorite things—toys! The moment we brought out a wand toy, he transformed into an agile hunter, expertly stalking his target before launching himself spectacularly into the air with impressive acrobatic leaps. By pairing our presence with two of Kimchi's favorite things—playtime and treats— he gradually learned that people bring good things, helping him build confidence and trust. Today, he eagerly sits at the front of his kennel, meowing to let us know he's ready for his next play session.

As Kimchi's confidence grew, so did his trust in people. He gradually became more comfortable with gentle touch and now accepts soft scratches along his cheeks, neck, and back once he feels safe. His future family should be prepared to give him the time and patience he needs to continue building trust. They should also be willing to continue working with him on becoming more comfortable with touch, using gentle, positive interactions and respecting his boundaries as his confidence grows.

Another important milestone came when Kimchi began showing interest in the other cats in the BMOD program. Watching their interactions helped build his confidence, and before long he was happily playing alongside them,

following them around, and rubbing against them affectionately. Their presence gave him an extra sense of security and encouraged him to become more outgoing.

Kimchi has blossomed into the playful, sweet, and happy boy we always knew he could be. While he can still be startled by sudden movements or unfamiliar situations and may briefly run to hide, he recovers quickly with gentle reassurance and kind words. He has made tremendous progress during his time in the BMOD program, and we're confident he will continue to flourish in the right home.

Kimchi truly thrives in the company of other cats. Having a feline friend helps him feel safe, secure, and confident. He can often be found playing, cuddling, or simply relaxing alongside his kitty companions. Because of this, Kimchi will do best in a calm, patient home where his family will give him the time he needs to settle in at his own pace and with a friendly resident cat to be his friend.

His new family should expect that he will hide for a few weeks, possibly longer. You'll need to introduce him to new things slowly. Kimchi typically flees and hides when overwhelmed or scared. It's important to provide him with a small room with appropriate hiding spots for him to relax in, such as his own hidey bed. Hiding spots that are confined to a tight spot and out of reach from you will make it difficult to build a bond with him. The room you set him up in will be the catalyst for how quickly he acclimates. Start thinking now which room in your home would be best for Kimchi to settle into. If it's a bedroom, can he get under the bed or dresser making it difficult to spend time with him? If it's a laundry room or bathroom will the constant in and out of people and noises associated with these rooms be too much for him? By having a room without a lot of foot traffic and with appropriate hiding spots, it will allow you to work on building a relationship. While in his hiding spot, use calm voices and offer tasty treats to show you are not a threat. Place a small amount of wet food or a treat on a spoon and offer it to Kimchi while in his hidey spot. Over time, by continuing to do this, Kimchi will become more comfortable and recognize that yummy food = people, therefore creating a positive association between the two.

Here's how to help Kimchi during your first months together:

This step is crucial in helping Kimchi acclimate to his new home. Confine Kimchi to one cat-proof room in your house. Provide Kimchi with a litter box, food, water, and a bed. Ensure he cannot get to *inappropriate* hiding spots (under the bed, in a closet, on top of a cabinet, etc.). Provide him with a safe, comfortable hiding place instead like his cat carrier, a hidey-bed, or a large dog crate covered with a blanket.

Spend time with Kimchi in his room. Don't force him out of his hiding spot. Instead, encourage him to come out on his own using happy talk, offering a toy or treats. Once he is using the litter box, eating regularly, and coming out of hiding to interact with you, you can start introducing him to the rest of your home. Start by propping the door open and allowing him to come out on his own. Don't force it! If you come across something that you can tell Kimchi is worried about, allow him to hang back or hide if he chooses to do so.

Continue to provide a safe space. Even when Kimchi has started exploring the rest of the house, give him a safe space that he can retreat to. When he is in his safe space, insist that guests leave him alone and try to ignore him yourself. That way, when he comes out, you can reward his bravery with your attention.

No visitors (at first). Allow Kimchi time to adjust to your house, routine, and lifestyle before introducing him to new people. When you have visitors over, give Kimchi the freedom to make the decision to interact (or not!). Ask new people to ignore him – or if Kimchi seems curious or interested, have the new person toss his treats or offer a favorite toy. We want exciting, good things to come from new people.

Practice crate training. Leave his carrier out all the time, so it's just a part of his normal environment. Add a bed and keep the door securely propped open so he can go in and out on his own, making sure the door won't swing shut and frighten him. You can also clicker train his to run into the carrier on cue. Helping Kimchi get comfortable with his carrier will make it easier when it's time to visit the vet.

Visiting the vet: Unless it's an emergency, give Kimchi time to bond to you before taking him to the vet. Vet visits will more than likely be scary, but if he already trusts you, your presence may help him feel more comfortable.

Patience will come in handy for you. Kimchi is a cat that needs an understanding owner who has the time and desire to allow him to adapt in his own time. He may never be a social butterfly, and that's okay! Getting to know him and watching him come out of his shell will be extremely rewarding. Celebrate those small victories.

We're here to help!

We want Kimchi to be successful in her new home. We're available to answer questions via phone and email. Call the Behavior helpline at (503)416-2983 or email the BMOD Cat trainers at bmodcat@oregonhumane.org to connect with the Feline Behavior Modification department.

Please keep in touch so we can continue to help you and Kimchi now and in the future. Please reach out if you have any questions or concerns – or just to give an update. We love to see photos and hear how our friends are doing!

Thank you for adopting from the Oregon Humane Society. Congratulations on your new cat!